



The Tea Mistress, LLC ~ Events, Specialty Teas, Herbs, Tea Accessories
www.TheTeaMistress.com

TEA BAGS IN STOCK AS OF 3/3/20: *All teas, herbs, spices and sweets are tax-free! All tea on this list is in teabag form. Download PDF file marked “Loose-Leaf Teas and Herbs in Stock” if you are looking for loose tea or herbs.*

NEW! “Steeping Beauty” Herbal Bath Blend! A combination of herbs and flowers to soothe the skin and relax the body and mind. Just toss the cloth bag in the tub and soak to your heart’s content! Once you have finished bathing, you can empty out the cloth bag and fill it with potpourri, jewelry, etc.

Ingredients: Green Rooibos, Honeysuckle flowers, Lemon Balm (Melissa), Linden, Comfrey Leaf, Oatstraw, Rose petals, Chamomile, Jasmine, Lavender, Passionflower, Chrysanthemum, Calendula, Violet Flowers.

Price: \$3 per bath bag (.3 oz).

Caution: *This is for the bathtub, not for drinking! Comfrey is now considered toxic if ingested, although historically it was consumed as a tisane in Europe for medicinal purposes.*

CBD TEAS!

Teas and tisanes (herbal teas) infused with full-spectrum hemp CBD from Twin Flame Tea! CBD is being celebrated for its potential beneficial effects on insomnia, anxiety and chronic pain. Each teabag contains 10 milligrams of CBD. (This product does NOT contain THC or any illegal substances.) *Also see “Sugar and Honey” section for CBD Sugar Gems.*

Choco-Holic Black Teabags from Twin Flame Teas: Ingredients: Puerh tea, black tea, cocoa nibs, carob, cocoa husk, natural flavoring. (10 milligrams of full-spectrum CBD per teabag)! Price: \$30 for pack of 10 teabags.

Pucker Up! Herbal Teabags from Twin Flame Teas: Ingredients: Hibiscus, pineapple pieces, orange peel, lemongrass, lavender, CBD, artificial flavoring. (10 milligrams of full-spectrum CBD per teabag)! Price: \$30 for pack of 10 teabags. **TEMPORARILY OUT OF STOCK**

Tropical Fantasy Black Teabags from Twin Flame Teas: Ingredients: Black tea, marigold, safflower, blue cornflower, blue mallow flower, artificial passionfruit and mango flavors. (10 milligrams of full-spectrum CBD per teabag)! Price: \$30 for pack of 10 teabags.

BLACK TEA

Black tea is oxidized and dried after picking, giving it a rich, bold, strong flavor that is great with or without cream and sweeteners. Caffeine level: medium to high

NEW! **7 Citrus Black Teabags** from Palais des Thés of Paris, France. Ingredients: Black Tea, 7 citrus fruit flavors. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

NEW! **Detox Brazil “for Energy” Teabags** from Palais des Thés of Paris, France. Ingredients: black tea, turmeric, lemon, basil. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.



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Organic Earl Grey Teabags: Organic Ingredients: Ceylon black tea, natural bergamot flavor, blue cornflowers. Price: (teabags) 5 teabags for \$4, 10 teabags for \$7 **TEMPORARILY OUT OF STOCK**

Organic English Breakfast Tea: Ingredients: Organic black teas from China, India, Sri Lanka, Tanzania (flowery broken orange pekoe, flowery orange pekoe)
Price: (teabags) \$4 for 5 teabags, \$7 for 10 teabags. (*We also carry this in a loose tea.*)

Hazelnut Black Tea Bags: Ingredients: Black tea, natural hazelnut flavor, hazelnuts. Price: 5 bags for \$3.25, 10 bags for \$5.50, 15 bags for \$7.50 **ALLERGEN ALERT: THIS TEA CONTAINS TREE NUTS!**

Key Lime Black Tea Bags: Ingredients: Ceylon black tea, natural flavor. Price: \$3.50 per ounce.

Lemon Black Tea Bags: Ingredients: Ceylon black tea, natural lemon flavor. Price: (teabags) 10 bags for \$3.25

Lingonberry Black Tea Bags: Ingredients: Ceylon black tea, natural lingonberry flavor. Price: 10 bags for \$3.

Monk's Blend (Vanilla Grenadine) Black Teabags: Ingredients: Ceylon black tea, natural vanilla and grenadine flavors. (tea bags) Price: 10 pyramid bags for \$3.75 (*Also available in organic loose tea*)

NEW! Paris for Him Black Teabags from Palais des Thés of Paris, France. Ingredients: Black Tea, coriander, citrus & vanilla flavors. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

Peach Apricot Black Tea Bags: Ingredients: Ceylon Black Tea, Natural Peach and Apricot Flavors. (teabags) Price: 10 bags for \$3.50 (*Also available as an organic loose-leaf tea!*)

Pineapple Black Tea Bags: Ingredients: Ceylon black tea, natural flavor. Price: 10 bags for \$3

Rose Black Tea Bags: Ingredients: Ceylon black tea, natural flavor. Price: \$3.50 for 10 bags. (*Similar tea, Rose Congou, available as loose-leaf tea!*)

Salted Caramel Black Teabags: Ingredients: Ceylon black tea, popped rice, apples, chamomile & safflower petals, natural flavors. Price for individually wrapped teabags: 75 cents each, 10 for \$7

NEW! Thé des Amants "Lovers Tea" Black Teabags from Palais des Thés of Paris, France. Ingredients: black Tea, dried apple pieces, almond, cinnamon, vanilla flavor. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7. **ALLERGEN ALERT: NUTS**

Vanilla Cream Earl Grey Teabags: Ingredients: black tea, natural bergamot and cream flavor, calendula petals. Price: \$7 for 10 pyramid teabags (*Also available in loose tea and gallon teabags for iced tea!*)

Wild Blackberry Black Teabags: Ingredients: Black tea, natural flavors. Price: 10 teabags for \$3.50



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DECAFFEINATED BLACK TEA:

The delicious flavor of black tea without the caffeine content! These are flavored black and green teas naturally decaffeinated by CO2 process. Also look under our "herbal" category for caffeine-free teas.

Decaf Black Currant Black Teabags: Ingredients: Decaffeinated Ceylon black tea, Blackberry leaves, Cornflower petals, Natural black currant flavor. (tea bags). Price: \$5 for 10 bags; \$10 for 20 bags.

MASALA CHAI Indian Spice Tea: *Contains caffeine unless otherwise noted.*

Spiced Chai Teabags: (*caffeine: medium-high*) Ingredients: Black tea from India, coriander, cumin, fennel, cinnamon, cardamom, curry leaves, lemongrass leaves, natural flavors. Price: \$3.50 for 10 teabags.

OOLONG TEA

Oolong, or "baked" tea, is semi-oxidized. It's lighter than black tea but darker than green tea. The oxidation (or baking) gives it a special flavor. It contains a moderate amount of caffeine.

Organic Ti Quan Yin "Slimming" Oolong Teabags: Darker oolong from Fujian, China. (tea bags) Price: \$4 for 5 bags, \$8 for 10 bags, \$12 for 15 bags, \$16 for 20 bags.

NEW! Thé des Songes "Dreams & Wishes" Oolong Teabags from Palais des Thés of Paris, France. Ingredients: Oolong Tea, with floral and tropical fruit flavors. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

GREEN TEA

Green tea is steamed after plucking in order to stop the oxidation of the leaves, so it retains a fresh vegetal flavor. It's high in antioxidants and generally contains less caffeine than black, oolong or white tea.

NEW! Detox India "for Digestion" Teabags from Palais des Thés of Paris, France. Ingredients: green tea, yerba mate, acai, guarana. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

Organic Jasmine Gold Dragon Teabags: Ingredients: Organic Chinese green tea & jasmine buds. (tea bags): Price: 75 cents each or \$7 for 10 teabags.

Jasmine Green Tea Bags: Ingredients: Green Tea and Jasmine Blossoms grown in China and Taiwan. Price: 10 teabags for \$4

Kyoto Sencha Cherry Rose Tea Bags: Ingredients: Japanese sencha green tea, rose petals, natural cherry flavor. Price: \$6 for 10 bags (*Also available as an organic loose-leaf tea!*)



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Organic Moringa Green Tea “Overcome Breast Cancer” Gift Box from Daokrajai Lanna Fine Teas of Thailand. Box contains 20 teabags in a sustainable mango wood canister, a paper caddy/envelope to take your teabags on the go, a breast self-exam refrigerator magnet. Organic Ingredients: green tea, moringa leaf. Price: \$50 per gift box, with 30% of the proceeds going to The Rose, a non-profit organization in Houston, Texas that provides breast cancer screening and health resources, OR just pay \$35 for the tea box with proof that you have donated at least \$15 to The Rose of Houston within 30 days of purchase.

NEW! Paris for Her Green Teabags from Palais des Thés of Paris, France. Ingredients: Green Tea, with rose, raspberry and lychee flavors. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

NEW! Organic Pomegranate Green Tea Bags: Organic Ingredients: green tea, natural pomegranate flavor. Price: \$3.50 for 10 teabags.

Strawberry Jetlag Awake! Teabags: Originally blended by our supplier for their salesperson to use on international business trips, it worked so well that they have released it commercially! The green tea and mate give you a mild caffeine boost to keep you alert without the jitters, the gynostemma keeps you balanced, and the strawberry...well, it just tastes good! Ingredients: Green Tea, Green Yerba Mate, Gynostemma Leaves, Strawberry and Papaya Pieces, Natural Flavors. Price: 10 teabags for \$5.

NEW! “Thé des Alizés” Tropical Green Teabags from Palais des Thés of Paris, France. Ingredients: Green Tea, with peach, watermelon and kiwi flavors. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

NEW! “Thé des Moines” Tibetan Monks’ Blend Green Teabags from Palais des Thés of Paris, France. Ingredients: Green Tea, with floral flavors. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

NEW! Thé du Hammam “Turkish Spa” Green Teabags from Palais des Thés of Paris, France. Ingredients: Green Tea, with berry, orange and date flavors. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

NEW! Vive le Thé ! “Long Live Tea !” Green Teabags from Palais des Thés of Paris, France. Ingredients: Green Tea, ginger, natural citrus flavor. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

CAFFEINATED HERBAL TEAS (YERBA MATÈ, YAUPON, GUAYUSA, COFFEE CHERRY)

Yerba matè is a South American herb containing caffeine. It has a leafy vegetal flavor. You can enjoy it hot or cold, with or without milk and sweetener.



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Yaupon holly is a plant that grows in Texas. It's a traditional Native American caffeinated beverage that is just now being rediscovered! If you're a coffee drinker, you'll enjoy the robust flavor of yaupon.

NEW! Detox India “for Digestion” Teabags from Palais des Thés of Paris, France. Ingredients: green tea, yerba mate, acai, guarana. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

Energy Mate Teabags: Ingredients: Green mate, Lemongrass + Spearmint leaves, Gingko + Ginseng + Nettle pieces, Calendula + Cornflower + Sunflower petals. (teabags) Price: \$3.50 for 5 bags, \$6.50 for 10 bags.

FLAVORED ROOIBOS AND HERBAL TEA/TISANES - *naturally caffeine-free herbs, spices, plants and fruits.*

Bella Coolada Teabags: Ingredients: Apple + Rosehip + Chicory root + Orange pieces, Blackberry leaves, Hibiscus petals, Natural pineapple and orange flavor. (teabags) Price: \$4.25 for 10 teabags
Also available in 1-gallon bags for iced tea!

Caramel Rooibos Teabags: Ingredients: South African rooibos, calendula petals, natural flavors. Price: \$4 for 5 teabags, \$6.50 for 10 teabags

Chamomile Tea Bags: Price: 10 teabags for \$3.25 (*Also available as an organic loose tisane!*)

Elderberry Lavender Rose Rooibos Teabags: Ingredients: South African Rooibos, Rosehips, Rose Petals, Lavender Blossoms, Currants, Elderberries, Natural Flavors. Price: \$3.50 for 5 teabags, \$6 for 10 teabags.

NEW! “Jardin a la Française Tisane” French Garden Herbal Teabags from Palais des Thés of Paris, France. Ingredients: dried apples and pears, blackberry leaves, flavor. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

NEW! “Jardin Tropical Tisane” Tropical Garden Herbal Teabags from Palais des Thés of Paris, France. Ingredients: dried mango, papaya, pineapple, flavor. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

NEW! L’Herboriste N. 46 “The Herbalist #46” Herbal Teabags from Palais des Thés of Paris, France. Ingredients: chamomile, dried apples, spices. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.

NEW! L’Herboriste N. 108 “The Herbalist #108” Herbal Teabags from Palais des Thés of Paris, France. Ingredients: verbena, mint, orange flavor. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7.



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Organic Provence Lavender - Purifying Teabags: Purifying Organic Lavender Herbal Tea from Provence, France. Ingredients: Organic French lavender, thyme, verbena. Price: \$16 per box of 15 pyramid teabags.

Organic Provence Lavender - Digestive Teabags: Organic Lavender Herbal Tea from Provence, France. Ingredients: Organic Lavender and Rosemary. Price: \$16 per box of 15 pyramid teabags.

Organic Peppermint Teabags: Ingredient: Organic peppermint grown in USA. Price: \$4 for 5 bags, \$7 for 10 bags. *(Also available in loose-leaf!)*

Organic Raspberry Lemonade Teabags: Organic Ingredients: Apple, hibiscus petals, rosehips, lemon peel, chamomile & cornflower petals, strawberry leaves, raspberry pieces, organic-compliant natural flavors. Price: \$5.50 for 10 teabags *(Also available as a loose tea!)*

Red Bean Teabags: Ingredient: dried red beans. Price: \$3 for 5 teabags

NEW! **Rooibos de Vahinés « Polynesian Lady » Teabags** from Palais des Thés of Paris, France. Ingredients: South African rooibos, almond & vanilla flavors. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7. **ALLERGEN ALERT: NUTS**

Caffeine-Free Children's Teabags in collectible tins from Adagio Teas: in flavors kids of all ages will love! Price: \$11 for each individual tin with 15 pyramid teabags.

Monster Brew: Ingredients: honeybush, green rooibos, raspberry leaves, orange peels, cocoa nibs, chocolate chips, coconut, apricots, cherries, artificial cherry & orange flavors, strawberries.

Tea Rex: Ingredients: honeybush, apples, cocoa nibs, chocolate chips, artificial cherry & chocolate flavors, cherries, raspberries, red safflower petals.

MEDICINAL HERBAL TEAS/TISANES*

Certain herbs have been used by people all over the world for centuries for their alleged medicinal properties. While their medicinal value may not have been proven (or even researched) by modern science, one thing is for sure: they can still be enjoyed for their flavor! **All medicinal herbs are caffeine-free unless otherwise noted.**

**These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any diseases. Consult your healthcare practitioner prior to using any herbal product.*

Cranberry Echinacea: *Immune support for cold and flu season.* * Ingredients: Echinacea, strawberry leaves, blackberry leaves, tulsi holy basil, chamomile, safflower petals, cranberries, natural flavors. Price \$6 for 10 teabags. *(Also available in loose-leaf tea!)*



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NEW! Detox Brazil “for Energy” Teabags from Palais des Thés of Paris, France. Ingredients: black tea, turmeric, lemon, basil. Price: 75 cents per individually wrapped cotton cloth teabag or 10 teabags for \$7. **CONTAINS CAFFEINE!**

Energy Mate Teabags: **CONTAINS CAFFEINE!** Ingredients: Green mate, Lemongrass + Spearmint leaves, Ginkgo + Ginseng + Nettle pieces, Calendula + Cornflower + Sunflower petals. (teabags) Price: \$3.25 for 5 bags, \$6 for 10 bags.

ESSENTIEL DE LAVANDE (LAVENDER ESSENTIALS)- Organic Herbal Tea from France.

Relaxing & Soothing Infusion: Ingredients: Organic French lavender, thyme, verbena.

Digestive Infusion: Ingredients: Organic French lavender and rosemary.

Price: \$11 for 10 teabags, \$6 for 5 teabags.

Golden Glow: *For healthy skin, anti-inflammatory** Ingredients: Ginger, turmeric, dried carrots, beets, pineapple, calendula petals, natural flavors. Price: \$4.50 for 10 teabags. (Also available as a loose tea.)

NEW! Jetlag Asleep! Teabags: *Originally blended by our supplier for their salesperson to use on international business trips, it worked so well that they have released it commercially!* Ingredients: South African Rooibos, Chamomile, Natural Toffee and Cream Flavors. Price: 10 teabags for \$5.

ICED TEA POUCHES:

You asked for it, we've got it! Southerners know that there's nothing more refreshing on a hot day than a nice cold glass of iced tea! It's good any time of year though, and it's great with a meal. These convenient pouches make a quart or a gallon of iced tea via the traditional or cold brew method.

Organic Black Iced Tea Pouches: *Caffeine: Medium-High.* Ingredient: Organic black tea. Price: \$3.50 per one-gallon pouch.

Organic Bella Coola Iced Fruit Tea Pouches. *Caffeine-free.* Organic Ingredients: Apple + Rosehip + Chicory root + Orange pieces, Blackberry leaves, Hibiscus petals, Natural pineapple and orange flavor. Just one pouch of makes 1 gallon of iced tea! Price: \$4 for 1 pouch, \$3 for each additional.

Organic Berry Berry Iced Fruit Tea Pouches. *Caffeine-free.* Organic Ingredients: Hibiscus petals, Apple + Elderberry + Strawberry pieces, Blackberry leaves, Natural flavors. Just one pouch of makes 1 gallon of iced tea! Price: \$4 for 1 pouch, \$3 for each additional.

Cucumber Melon Green Iced Tea Pouches: *Caffeine: Medium.* Ingredients: Green Tea, Cucumber, Cornflowers, Natural Flavors. Price: \$4 for 1 pouch, \$3 for each additional.

Darjeeling Mint Iced Tea Pouches: *Caffeine: Medium* Ingredients: Darjeeling green tea, peppermint. One pouch makes 1 gallon of tea. *Caffeine level: medium.* Price: \$4 for 1 pouch, \$3 for each additional



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Organic Hibiscus Revive Gallon Iced Tea Bags: *Caffeine-free.* Ingredient: Organic hibiscus petals. One pouch makes 1 gallon of iced tea! Price: \$4 for 1 pouch, \$3 for each additional

Kiwi Strawberry Herbal Iced Tea Pouches: *Caffeine-free.* One pouch makes 1 gallon of iced tea!
Ingredients: Apple + Rosehip + Strawberry pieces, Hibiscus petals, Natural flavors. Price: \$4 for 1 pouch, \$3 for each additional

Organic Lemon Green Antioxidant Gallon Iced Tea Bags: *Caffeine: Medium.* Organic Ingredients: Green tea from Kenya, dried lemon pieces. One pouch of makes 1 gallon of iced tea! Price: \$3 per individual tea pouch.

Organic Mango Black Iced Tea Pouches: *Caffeine: Medium-High.* One pouch of makes 1 gallon of iced tea!
Ingredients: Organic black tea, natural flavors. Price: \$4 for 1 pouch, \$3 for each additional.

Pirate's Pleasure Rum Raisin Black Iced Tea Pouches, A Tea Mistress Blend: (*Caffeine: Medium*)
Ingredients: Ceylon Black tea, rooibos, hibiscus, raisins, currants, golden berries, cocoa nibs, rosehips, coconut, allspice, natural flavors. Price: 2-pack for \$3.25; 3-pack for \$4.50

Raspberry Black Iced Tea Pouches: *Caffeine: Medium-High.* One pouch makes 1 gallon of iced tea!
Caffeine Level: Medium/High. Ingredients: Black tea, natural raspberry flavor, raspberries, raspberry leaves.
Price: \$4 for 1 pouch, \$3 for each additional.

Strawberry Lemon Hibiscus Herbal Iced Tea Pouches: *Caffeine-free.* One pouch makes 1 gallon of iced tea! Price: \$4 for 1 pouch, \$3 for each additional.

Turmeric Ginger Peach Black Iced Tea Pouches: *Caffeine: Medium-High.* Ingredients: Black tea, turmeric, ginger, calendula, natural flavors. (loose) Price: \$4 for 1 pouch, \$3 for each additional.

Vanilla Rooibos Iced Tea Pouches: *Caffeine-free.* One pouch makes 1 quart of iced tea! Ingredients: South African rooibos, vanilla flavor. Price: 2-pack for \$3.50; 4-pack for \$6.50, 8-pack for \$13.

Vanilla Cream Earl Grey Iced Tea Pouches: *Caffeine: Medium-High.* Ingredients: Black Tea, Cornflowers, Natural Flavors. Price: \$4 for 1 pouch, \$3 for each additional.